

Lakeshore West Dental

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PRE-SEDATION INSTRUCTIONS

ORAL SEDATION

This type of sedation will produce a dreamy like state of indifference to the dental procedure in most people. The dentist will administer oral medication. This is done 1 hour prior to the dental procedure being performed.

In order for this technique to be employed there are certain prerequisites that must be followed:

1. You must not eat or drink or take any medication 6 hours prior to surgery unless instructed by the dentist.
2. Do not wear contact lenses to the appointment.
3. You **MUST** be accompanied by a responsible adult who can also be given post operative instructions either written or verbally. You may not take public transit. You may travel by taxi but a responsible adult must also accompany you.
4. No alcoholic beverages 18 hours prior or after sedation.
5. Remove nail polish and artificial nails.
6. Do not operate motorized vehicles or machinery for 24 hours after sedations.
7. Please wear loose clothing to allow the placement of a blood pressure monitor.
8. Contact us prior to the day of your appointment if there has been a change in your general health (e.g. flu, fever) or if you suspect you might be pregnant.
9. You must make a trip to the washroom just prior to being seated.

PRECAUTIONS

There are potential side effects that you will need to be aware of:

1. Swelling.
2. Amnesia almost always occurs post operatively, for varying lengths of time during the day. This is a beneficial result. For this reason, you are not to drive, operate machinery, or make any legal decisions for 18 hours.
3. Over-sedation and prolong recovery occur in some sensitive individuals or in those who have been taking medications and who have withheld this information during pre-operative assessment. (This includes alcohol, sleeping pills, antihistamines or pain relievers)

If you have any questions, please call the office at 416-251-5707.